



**PsyHuman “Psychology and the Humanities” International School**  
4<sup>th</sup> edition: Multidisciplinary Approaches to Individual and Community Well-being

**June 16-27, 2025**

coordinated by Maria Micaela Coppola  
Scientific committee: Sara Dellantonio, Maria Paola Paladino

Department of Psychology and Cognitive Science (DiPSCo), University of Trento  
Palazzo Piomarta, corso Bettini 84, Rovereto (TN)

**LIST of SEMINARS**

NOTE: seminars and activities are scheduled approx. from 9am to 1pm and from 3pm to 6pm from Monday to Friday.

- “A Scientific approach to contemplative practices for well-being” by Nicola De Pisapia (Psychobiology and Physiological Psychology – DiPSCo, UniTrento)
- “Inside the artist’s brain: lessons from neuroaesthetics” by Alessandro Grecucci (Psychobiology and Physiological Psychology – DiPSCo, UniTrento)
- “Literature and Medicine” by Ilaria Natali (English Literature – UniFirenze)
- “Narrative medicine workshop” with Maria Micaela Coppola (English Literature, Narrative Medicine – DiPSCo, UniTrento)
- “New Addictions in the Era of Digitalisation” by Ornella Corazza (Clinical Psychology – DiPSCo, UniTrento)
- “Psychology and the Humanities: Integrating multiple Approaches to mental illness and well-being” by Maria Micaela Coppola and Sara Dellantonio (Philosophy of Psychology – DiPSCo, UniTrento)
- “Queer(y)ing Pleasure and Pain: LGBTQ Artivism and Migration.” Jean-Philippe Imbert (Comparative Literature and Sexuality Studies – Dublin City University, Ireland)
- “Sexuality, ableism and fundamental rights” by Carla Maria Reale (Comparative Constitutional Law – UniGenova)
- Shifting landscape of gender: implications for social cognition and gender relations. by Maria Paola Paladino (Social Psychology – DiPSCo, UniTrento)
- “The impact of social exclusion on LGBTQIA+ communities: perspectives from social psychology” and “Different approaches to the inclusion of LGBTQIA+ people: perspectives from social psychology” by Angelo Brandelli Costa (Social Psychology – Pontificia Universidade Católica do Rio Grande do Sul, Porto Alegre, Brazil)
- “The neuroscience of love” by Gianluca Esposito (Social Neuroscience – DiPSCo, UniTrento)
- “Theatre and Narrative Medicine” by Laura Lucia Parolin (Sociology of Work and Organisations – University of Southern Denmark) e Carmen Pellegrinelli (Clinical Psychology; Drama and Performance – University of Trento)
- “Unruly bodies: The politics of gender non-conformity in sports” by Carla Maria Reale (Comparative Constitutional Law – UniGenova ) and Alessia Tuselli (General Sociology – Department of Sociology and Social Research, UniTrento)

**OUTDOOR ACTIVITIES**

Note: two half-day and one all-day activities, scheduled from Monday to Friday. Weekends are free.

- Half day: Guided tour of Rovereto
- Half day: Tour of MART – Museum of Modern and Contemporary Art of Rovereto. <https://www.mart.tn.it/en>
- All day (to be confirmed): Mindful Latemar <https://obereggen.com/en/mindfullatemar>: immersive Mindfulness trail at the foot of the Dolomites at an altitude of 1872 metres. The trail includes 18 Mindfulness exercises in a special place that is meant to be an example of rebirth and resilience after it was hit by storm Vaia in November 2018. Along the circular trail we will be guided by Dr Thomas Bernagozzi, Wellbeing Psychologist and Mindfulness Instructor. Please, bring waterproof jacket and shoes, jacket, and hat. Lunch is offered by DiPSCo-UniTrento.