

PsyHuman “Psychology and the Humanities” International School
4th edition: Multidisciplinary Approaches to Individual and Community Well-being

16-27 June 2025

Department of [Psychology and Cognitive Science](#) (DiPSCo), University of Trento

coordinated by Maria Micaela Coppola
Scientific Committee: Sara Dellantonio, Maria Paola Paladino

Where:

- seminars and workshops: Room 6, Palazzo Piomarta, corso Bettini 84, Rovereto (TN). Some workshops (see programme below) will take place in the Italian garden of Palazzo Fedrigotti, Corso Bettini 31
 - Lunch break at Gilda Restaurant in via Prati, corner, Via M. del Ben, 3/b

WEEK 1

Monday 16
8.30-9.00 Registration (room 6, Palazzo Piomarta, corso Bettini 84, Rovereto, TN)
9.00-9.30 WELCOME by the Head of the Department, prof. Gianluca Esposito, and by PsyHuman coordinator Maria Micaela Coppola (room 6, Palazzo Piomarta, corso Bettini 84, Rovereto, TN)
09.30-11.00 Narrative medicine workshop with Maria Micaela Coppola (English Literature, Narrative Medicine – DiPSCo, UniTrento) in the Italian garden (Palazzo Fedrigotti, Corso Bettini 31)
11.00-12.30 <i>Brunch in the Italian garden (Palazzo Fedrigotti, Corso Bettini 31)</i>
13.00-15.00 Welcome session by International Relation Office, UniTrento (room 6, Palazzo Piomarta, corso Bettini 84, Rovereto, TN)
15.30-18.00 Guided tour of Rovereto
18.00 <i>Aperitivo with student collaborator in the city centre (free)</i>
Tuesday 17 (room 6, Palazzo Piomarta, corso Bettini 84, Rovereto, TN)
9.00-13.00 “The neuroscience of love” by Gianluca Esposito (Social Neuroscience – DiPSCo, UniTrento)
13.00-15.00 <i>Lunch break at Gilda Restaurant in via Prati, corner, Via M. del Ben, 3/b</i>
15.00-18.00 “Psychology and the Humanities: Combining multiple approaches to mental illness and wellbeing” by Maria Micaela Coppola and Sara Dellantonio (Philosophy of Psychology – DiPSCo, UniTrento)
Wednesday 18 (room 6, Palazzo Piomarta, corso Bettini 84, Rovereto, TN)
9.00-13.00 “Shifting landscape of gender: Implications for social cognition and gender relations” by Maria Paola Paladino (Social Psychology – DiPSCo, UniTrento)
13.00-15.00 <i>Lunch break</i>
15.00-18.00 “Theatre and narrative medicine” by Laura Lucia Parolin (Sociology of Work and Organisations – University of Southern Denmark) e Carmen Pellegrinelli (Clinical Psychology; Drama and Performance – UniTrieste)
Thursday 19
8.30-19.00 All-day outdoor activity: Mindful Latemar https://obereggen.com/en/mindfullatemar : Meeting point at 8.20 at Piazza Achille Leone Parking Area - “Parcheggio piazza Achille Leoni”. Dr Thomas Bernagozzi – Wellbeing Psychologist and Mindfulness Instructor – will guide us along this immersive Mindfulness trail at the foot of the Dolomites, at an altitude of 1872 metres. Please, bring a small backpack, long pants, a fleece jacket or sweater, a small picnic blanket or towel, a hat, sunscreen and sunglasses. Lunch is offered by DiPSCo-UniTrento.
Friday 20
9.00-13.00 “A Scientific approach to contemplative practices for well-being” by Nicola De Pisapia (Psychobiology and Physiological Psychology – DiPSCo, UniTrento) (room 6, Palazzo Fedrigotti, Corso Bettini 31)
13.00-15.00 <i>Lunch break</i>
15.00-16.30 Narrative medicine workshop with Maria Micaela Coppola (in the Italian garden, Corso Bettini 31)

WEEK 2

Monday 23 (room 6, Palazzo Fedrigotti, Corso Bettini 31)
9.00-13.00 Queer(y)ing Pleasure and pain: LGBTQ activism and migration." Jean-Philippe Imbert (Comparative Literature and Sexuality Studies – Dublin City University, Ireland)
13.00-15.00 <i>Lunch break</i>
15.00-18.00 "Sexuality, ableism and fundamental rights" by Carla Maria Reale (Comparative Constitutional Law – University of Genova)
Tuesday 24 (room 6, Palazzo Fedrigotti, Corso Bettini 31)
9.00-13.00 "Design or Inclusion. Utopia or (possible) reality?" by Martina Cvajner (General Sociology – DiPSCo, UniTrento)
13.00-15.00 <i>Lunch break</i>
15.00-18.00 "Poetry as Therapy, Therapy as Poetry" by Paolo Caponi (English Literature and Medical Humanities – The University of Milan)
Wednesday 25 (room 6, Palazzo Fedrigotti, Corso Bettini 31)
09.00-13.00 "Unruly bodies: The politics of gender non-conformity in sports" by Carla Maria Reale (Comparative Constitutional Law – University of Genova) and Alessia Tuselli (General Sociology – UniTrento)
13.00-15.00 <i>Lunch break</i>
15.00-18.00 "New addictions in the era of digitalisation" by Ornella Corazza (Clinical Psychology – DiPSCo, UniTrento)
Thursday 26 (room 6, Palazzo Fedrigotti, Corso Bettini 31)
9.00-10.30 Narrative medicine workshop with Maria Micaela Coppola
11.00-13.00 "Inside the artist's brain: lessons from neuroaesthetics" by Alessandro Grecucci (Psychobiology and Physiological Psychology – DiPSCo, UniTrento)
13.00 -15.00 <i>Lunch break</i>
15.00-18:00 neuro-meditative workshop at the MART – Museum of modern and contemporary art, with Maria Micaela Coppola
Friday 27 (room 6, Palazzo Fedrigotti, Corso Bettini 31)
9.00-11.00 "Different approaches to the inclusion of LGBTQIA+ people: perspectives from social psychology" by Angelo Brandelli Costa
11.00-13.00 "The impact of social exclusion on LGBTQIA+ communities: perspectives from social psychology" by Angelo Brandelli Costa (Social Psychology – Pontificia Universidade Católica do Rio Grande do Sul, Porto Alegre, Brazil)
13.00-15.00 FAREWELL Lunch
15.00-17.00 FAREWELL - Narrative medicine workshop with Maria Micaela Coppola and attendance certificate